



## ZIO'S GLUTEN-FREE FAVORITES

### Appetizers

**Italian Stuffed Mushrooms** *Our savory mix of cream cheese, ricotta, parmesan, spicy Italian sausage and crisp pepperoni loaded into fresh mushroom caps and baked to perfection.* \$5.99

**Artichoke Spinach Dip** *A blend of cheese, spinach, artichoke hearts, onions and bacon topped with roma tomatoes baked in our brick oven and served on our gluten-free flat bread* \$8.49

### Soups and Salads

**Signature Soups** *Pasta Fasule or Vegetable Minestrone*  
Cup \$3.29 Bowl \$4.99

**House Italian Side Salad** *Mixed greens, diced Roma tomatoes, artichoke hearts and Parmesan. Garnished with a pepperoncini served with our Italian dressing.* \$3.99 with entree \$2.49

**Caesar Side Salad** *Crisp romaine lettuce tossed with our creamy Caesar dressing and shredded Parmesan* \$3.99 with entree \$2.49

**House Italian Chicken Salad** *Grilled sliced chicken breast on mixed greens with diced Roma tomatoes, artichoke hearts and Parmesan cheese. Garnished with a pepperoncini and our Italian dressing.* \$9.79

**Strawberry Field Salad** *Romaine lettuce and spinach with slices of hot grilled chicken and sun-ripened strawberry. Topped with feta cheese and sugared walnuts, then drizzled with strawberry vinaigrette* \$10.79

Our top priority is always the health and safety of our guests. We take great care to ensure the food offered on this menu is free of gluten, however, we rely on product information provided by our suppliers. Additionally, due to normal kitchen operations involving shared cooking and preparation areas, there is a possibility for food items to come in contact with other food products which contain gluten. Therefore, we are unable to guarantee that any menu item is free from gluten or any other allergen, and we assume no responsibility for guests with food allergies or sensitivities.

Please inform your server of any dietary concerns, however, our management teams and service staff cannot be expected to provide recommendations or other advice on food allergen issues. Please exercise your own judgment when ordering items on this menu.

### Classic Pastas

**Artichoke Spinach Pasta** *Our homemade artichoke spinach sauce tossed with sliced chicken breast, bacon, onions, fresh Roma tomatoes and gluten-free rotini pasta.* \$11.99

**Pepperoni Chicken** *Sliced chicken, pepperoni, grilled peppers and onions, fresh mushrooms, black olives and red pepper flakes sautéed, then tossed with gluten-free rotini pasta, homemade Marinara sauce and mozzarella cheese.* \$11.99

**Shrimp with Marinara** *Shrimp, garlic and red pepper flakes sautéed in olive oil, then tossed with Marinara sauce. Served over our gluten-free rotini.* \$12.99

**Spicy Shrimp and Prosciutto** *Delicious large shrimp sautéed with garlic butter and prosciutto, green onion, seasoned and tossed with gluten-free rotini pasta.* \$14.49

**Chicken Alfredo** *Grilled, sliced chicken breast sautéed with fresh mushrooms and green onions. Tossed with gluten-free rotini pasta.* \$12.49

**Spicy Chicken Alfredo** *Sliced sautéed chicken breast tossed with gluten-free rotini pasta, bacon, Roma tomatoes, onions, jalapenos and spicy tomato-alfredo sauce.* \$12.79

**Greek Pasta** *Sliced chicken breast sautéed in garlic and olive oil with kalamata olives, green onions, red pepper flakes, and oregano. Tossed with gluten-free rotini, diced Roma tomatoes and feta cheese.* \$10.99

**Chicken Pomodoro** *Sliced chicken breast, garlic, red pepper flakes, and basil sautéed in olive oil, then tossed with diced Roma tomatoes, Parmesan cheese and gluten-free rotini.* \$10.99

**Lemon Chicken Primavera** *Tender grilled chicken sautéed with broccoli, squash, carrots, mushrooms, red bell peppers, green olives, roasted garlic and red pepper flakes. Tossed in a light lemon olive oil and finished with a touch of Parmesan cheese. Served over our gluten-free rotini pasta.* \$11.79





## ZIO'S GLUTEN-FREE FAVORITES

### House Specialties

**Grilled Salmon** An 8-oz. salmon fillet grilled and served with gluten-free rotini pasta and fresh seasonal vegetables lightly tossed in garlic butter. **\$16.99**

**Grilled Tilapia** Our mild tilapia fillet grilled, then topped with light lemon butter and served on gluten-free rotini pasta with fresh seasonal vegetables **\$12.99**

**Seafood Alfredo** Bay scallops, shrimp, calamari sautéed in garlic butter, Cajun spices and white wine. Tossed with gluten-free rotini pasta in rich Alfredo sauce and garnished with green onions and Roma tomatoes. **\$15.99**

**Grilled Sirloin** A juicy 9-oz. cut of sirloin grilled exactly to your liking. Served with seasonal vegetables. **\$15.99**

**Ribeye Tuscano** 12-oz. seasoned ribeye steak carefully grilled to your preference. Served with seasonal vegetables. **\$17.99**

### Kids Menu

**Rotini with Cheese** Creamy traditional cheese sauce over tender gluten-free rotini pasta. **\$4.99** Add chicken: **\$2.00**

**Rotini Alfredo** Gluten-free rotini pasta tossed with creamy homemade alfredo sauce. **\$4.99** Add chicken: **\$2.00**

### Gluten Free Beverages

**ANGRY ORCHARD**  
HARD CIDER

SINCE 1932  
**PARDUCCI**  
DEEP ROOTS ~ LEGENDARY WINES



**HONEST**  
TEA & THIRST QUENCHERS

### Brick Oven Pizzas

**Margherita Pizza** Our gluten-free pizza dough brushed with olive oil and layered with mozzarella cheese, fresh sliced Roma tomatoes and fresh basil. **\$9.99**

**Pepperoni Pizza** A classic! Homemade tomato sauce, mozzarella cheese, and loads of pepperoni served on our gluten-free crust. **\$9.99**

**California Pizza** Alfredo sauce, sliced grilled chicken breast, bacon, fresh mushrooms, spinach and Roma tomatoes. Topped with mozzarella and smoked gouda cheeses. Served on our gluten-free crust. **\$11.79**

**Artichoke Chicken Pizza** Creamy artichoke spinach sauce with bacon, topped with sliced chicken breast, fresh tomatoes, artichoke hearts and mozzarella and cheddar cheeses. Served on our gluten-free crust. **\$11.49**

**Zio's Combo Pizza** Our homestyle tomato sauce, pepperoni, Italian sausage, mushrooms, bell peppers, red onions, black olives, and mozzarella cheese. Served on our gluten-free crust. **\$10.99**

**Barbeque Chicken Pizza** Sweet BBQ sauce topped with BBQ chicken breast, bacon, red onions and mozzarella and gouda cheeses. Garnished with cilantro and served on our gluten-free crust. **\$11.79**

**Zio's Veggie Pizza** Hand-tossed dough brushed with olive oil and topped with red onions, mushrooms, green peppers, red peppers, sun-dried tomatoes and feta cheese. Served on our gluten-free crust. **\$9.99**

